



IHL Devotionals 2025-26: Proverbs wrap up

This year our devotionals focus on the book of Proverbs. This book contains advice to achieve wisdom and godly living.

*Participation in devotionals is encouraged but not mandatory. Feel free to speak up, ask questions, and share lessons from your own lives and faith journeys. This is a safe space. All are encouraged to **follow along in your own bible** – bring your printed copy, use the app, whatever works best for you.*

Discussion

Congratulations: We've reached the end of our Proverbs series. Do you guys remember Book It? They really had the right idea. I think we'd all read more if there was the promise of free pizza at the end.

This week team leaders were asked for reflections on this series. I was actually surprised that most of the responses pointed back to the first week. That week's devo said:

The book of Proverbs is practical, poetic, and relevant. But don't misinterpret its simplicity. View these sentiments within the bigger picture of scripture. Proverbs are not rules; they're tools. It's up to you to know which one to apply to the situations you encounter in life.

Most of this book was written a thousand years before Christ. I don't think anyone would expect someone from that long ago to be able to tell us the *exact* answers to problems we face today; I mean, advice from our own parents often feels dated, let alone advice from thousands of years ago. But it is impressive how the instructions about how to think, how to act, how to carry yourself, and what to aspire to still apply perfectly.

Two team leaders (without prompting!) referenced the same verse from Chapter 1 that has been a guiding light for them throughout this season.

Proverbs 1:7: Fear of the Lord is the foundation of true knowledge, but fools despise wisdom and discipline.

That's the closing lesson we will leave you with this year.

Questions & launching points

1. Hockey coaches often talk about having a "healthy respect" for the opponent. What does a "healthy respect" or "healthy fear" of the Lord look like? This is not "fear" that hides in the corner and never acts.
2. Question to the room: What stood out to you from reading through Proverbs?
3. If anyone is willing to share: Any stories of personal growth this season? Shout out God's goodness working in your lives.

Closing prayer & prayer requests